Urban Ministries Food Bag

Bring a bag of these items on

Sundays.

low salt/sugar preferred

Canned beans/corn
Canned soup
Canned tomatoes
Instant oatmeal
Rice
Pasta

Canned tuna
Canned chicken
Cereal
Grits
Quick rolled oats

Please double-bag your donation
to keep all items in good condition.

Urban Ministries Food Bag

Bring a bag of these items on

Sundays.

low salt/sugar preferred

Canned beans/corn
Canned soup
Canned tomatoes
Instant oatmeal
Rice
Pasta

Canned tuna
Canned chicken
Cereal
Grits
Quick rolled oats

Please double-bag your donation
to keep all items in good condition.